

## **Being Independent (Not all learning may follow accreditation. However where appropriate the learners have access to the following accredited courses)**

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### **OVERVIEW**

#### **Qualification**

Entry 1 Certificate in Communication Skills- Edexcel, Entry 1 Diploma in Personal

#### **Attendance**

20 hours over five days per week

#### **Duration**

One Year

#### **Description of the course**

This course is designed to develop skills to promote independence, good communication and increase confidence and self esteem. Learners will have the opportunity to generalise their skills in our college environment. They will be supported to acquire skills for functioning in the workplace, such as health & safety issues and following instruction.

Carshalton College recognises that learners with learning disabilities and/or difficulties learn best through practical activities and environments. The course will be delivered utilising the College's excellent facilities including sports, salons and workshops. Functional teaching will take place in the community at all possible and relevant opportunities.

#### **Assessments**

Learners will need to produce a portfolio to submit in order to successfully complete their qualification. This will include a collection of written (where appropriate) and photographic evidence along with any necessary supplementary teacher assessment.

Functional English and maths will be delivered but no formal exams will take place.

## What can I do after the course?

Student can progress to the Foundation Learning 'Living Independently' Course

**Full fee remission available for course and tuition costs if in receipt of a range of benefits including Disability Living Allowance (DLA)**

## Start date

September 2013

## Course Code

SA1031

## Cost

**\*Fees are not normally paid by 16 to 18 year olds but please contact the College before enrolling.**

Tuition Fee: £900

Exam Fee: £65

## COURSE CONTENT

### Meal Preparation/Independent Living Skills

Basic budgeting, health and safety in personal life, personal hygiene, preparing healthy meals, home skills.

### Personal Social Development

Developing confidence, making independent choices and decisions, expressing hopes and dreams for the future, building a picture of themselves as person, becoming a valued citizen.

### Community Investigation

Investigating local services available, developing a circle of support (e.g. Doctors, Hospitals) budgeting skills/problem solving, using public transport safely /independently

### Developing Personal Presentation Skills

Speak and listening/recalling information, recognising difference between computer programmes Word/PowerPoint and telephone skills.

### Enterprise

Experiencing a range of roles in a number of college businesses to develop their personal effectiveness and understanding of money.

## ENTRY REQUIREMENTS

Students are required to be able to initiate communication and clearly indicate their choices or preferences and wish to develop their communication skills further. They need to be able to function in the inclusive environment of Carshalton College, with support as required. Initial assessment will be undertaken on application and support needs considered.

## SUITABILITY

This course is designed for students with severe learning difficulties (SLD) who wish to develop their independence skills. Learners who understand that symbols have meaning and are able to record with support. Learners who enjoy simple number games. The learners may need additional support for their emotional and social development and may have some health/physical needs. The learner needs to be able to move around the College, understanding and following the college rules.

## OTHER INFORMATION

Each group has an average of 10 students, and is assigned a personal tutor is the contact person between home and college and learning support staff, as appropriate.

Please contact the College for more information.