



Sport & Exercise: BTEC Level 3 Extended Diploma in Sports & Exercise Science

Qualification

BTEC Level 3 Extended Diploma in Sports & Exercise Science

Attendance

You will normally attend four days a week.

Duration

Two years

Description of the Course

You will study eighteen units - six core units which everyone takes and twelve specialist units, which will prepare you to work in the sports and exercise industry, or continue your studies at higher education.

Course content

The units you will study are

- Anatomy for Sport & Exercise
- Sports Biomechanics in Action
- Sport & Exercise Physiology
- Sport & Exercise Psychology
- Instructing Physical Activity and Exercise
- Current Issues in Sport
- Research Methods for Sport & Exercise Sciences
- Practical Team Sports
- Sports Nutrition
- Research Project for Sport & Exercise Sciences
- Fitness Testing for Sport & Exercise Sciences
- Applied Sport and Exercise Psychology
- Applied Sport and Exercise Physiology
- Practical Individual Sports
- Sports Injuries
- Sports Facilities & Operational Management
- Sports Coaching
- Fitness Training & Programming

Throughout the two years of your course you can also gain the following qualifications:

- BTEC Level 2 Understanding Stewarding at Spectator Events
- Level 1 CYQ Award in Fitness and Physical Activity
- Sports Leaders UK Level 2 Community Sports Leaders Award
- BTEC Level 2 Award in Nutritional Awareness

Assessment

All units are assessed and graded and an overall grade for the qualification is awarded.

Who is the course for?

School leavers

Entry requirements

Grades A-C for 4 or more GCSEs (Science and English essential, PE desirable) or you will have successfully completed a level 2 programme. You may also be asked to demonstrate your commitment and skills in an interview. If you don't have the required entry qualifications there will be an opportunity for you to demonstrate your abilities to undertake the course.

What can I do after this course?

BTEC National Certificates are valued by employers and higher education (universities and colleges). You could progress into Higher Education to study a BTEC Higher National or Degree, or you can go directly into employment.

Other information

Other Information

You will also have the opportunity to achieve the Sports Leaders UK Level 2 Award in Community Sports Leadership.

Tuition, exam and registration fees not applicable to students aged 19 and under. However, students aged 19 and over may be eligible for an Adult Learning Grant

Visits

You will have the opportunity to experience residential outdoor adventure visits, which aim to develop your teamwork, communication and leadership skills.

Further Details

You can contact the Sport and Public Services team on 02085444426. E-mail:

SportsandUniformedServicesTeam@carshalton.ac.uk

Tuition, exam and registration fees not applicable to students aged 19 and under. However, students aged 19 and over may be eligible for an Adult Learning Grant.

Please note prices are per year for students aged 19+ at the start of the course.

Cost

BTEC EXTENDED DIPLOMA SPORTS & ES YEAR 1 Tuition Fee £665 Per Year

BTEC EXTENDED DIPLOMA SPORTS & ES YEAR 1 Residential £300 Per Year

BTEC EXTENDED DIPLOMA SPORTS & ES YEAR 1 Exam Fee £172 Per Year

COMMUNITY SPORTS LEADER AWARD Exam Fee £27 Per Year

BTEC AWARD IN NUTRITION AWARENESS Exam Fee £33 Per Year

FUNCTIONAL SKILLS MATHS LEVEL 2 Exam Fee £20 Per Year

Start

September 2010

Course Code

HB1061